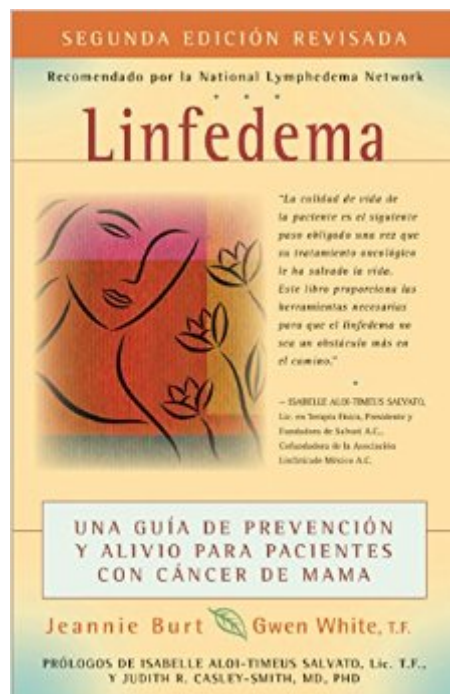


The book was found

Linfedema (Lymphedema): Una Guía De Prevención Y Sanación Para Pacientes Con Cáncer De Mama (A Breast Cancer Patient's Guide To Prevention And Healing) (Spanish Edition)



Synopsis

This vital information for any woman who has had breast cancer surgery is now available in a Spanish edition! If you have been treated for breast cancer, you need to be aware of your risk for lymphedema. About 25 percent of breast cancer surgery patients experience lymphedema – a disfiguring, painful swelling, most frequently of the arm. Lymphedema can occur with anyone whose lymphatic system is compromised so that it can be overloaded to the point that swelling begins. Many doctors suggest that little can be done for the condition – if they mention it at all. But help is available in this book. Complete with more than 50 illustrations, Linfedema also tells the encouraging stories of women who have dealt with lymphedema successfully using the methods described in the book. Linfedema describes the many options women have for preventing and treating lymphedema. It emphasizes active self-help and provides extensive information on: preventing lymphedema reducing lymphedema through professional therapy reducing lymphedema through exercise and self-massage selecting and using wraps and compression garments eating right to manage lymphedema finding emotional support locating resources for additional help

Book Information

Paperback: 240 pages

Publisher: Hunter House; 2nd Revised ed. edition (April 9, 2013)

Language: Spanish

ISBN-10: 0897936442

ISBN-13: 978-0897936446

Product Dimensions: 5.4 x 0.8 x 8.3 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars – See all reviews (3 customer reviews)

Best Sellers Rank: #2,306,719 in Books (See Top 100 in Books) #32 in Books > Libros en espa ol > Medicina > Enfermedades #45 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Lymphatic #165 in Books > Libros en espa ol > Medicina > Medicina Interna

Customer Reviews

Jeannie Burt, a former lymphedema sufferer, has co-authored a book with Gwen White, a physical therapist for Lymphedema sufferers. About 25% of breast cancer surgery patients experience lymphedema, and yet most people are not aware of this disfiguring, painful swelling (usually in the arm). Most doctors feel that little can be done, but the authors show that help IS available. 50

illustrations are included, along with stories of those who have been helped with the information from this book. Some chapters include the signs and symptoms of the disease, diagnosis of it, an explanation of the lymphatic system, and the treatment available. Emotions are discussed, as are obesity, lymphoma in men, causes and types of lymphedema and radiotherapy. This disease is severely neglected in Mexico and Latin America, so this Spanish version will be a welcome gift to anyone suffering and not knowing what to do. Have your bookstore order this, as it is a necessary book for helping cancer patients in their recovery. Finding emotional support is a challenge; this book will be a way to help your loved ones find that support.

Es una buena guía para lograr un conocimiento básico de lo que es el linfedema y especialmente para saber cómo cuidarse.

Excelent

[Download to continue reading...](#)

Linfedema (Lymphedema): Una Guía de Prevención y Sanación Para Pacientes Con Cáncer De Mama (A Breast Cancer Patient's Guide to Prevention and Healing) (Spanish Edition) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer, Cancer Prevention, Cancer Cure, Coping With Cancer, Cancer Books, Breast ... Cancer, Leukemia, Colon Cancer, Skin Cancer) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention, Colon Cancer) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung Cancer, Cancer Diet, Preventing Cancer, Cancer Prevention, Cancer Cure) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer, Coping With Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung ... Cure, Prostate Cancer, Cancer Prevention) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) The Breast Cancer Patient's Survival Guide: Amazing Medical Strategies for Winning: A Natural Guide to Treatment of Cancer, Breast Cancer, Cancer and Nutrition, Beating Cancer and Fighting Cancer Tratamiento psicológico en pacientes con cáncer (Spanish Edition) Anti-Cancer Diet: An Ultimate Guide to Reverse and Prevent Cancer

Naturally! (anti-cancer diet, anti-cancer cookbook, anti-cancer diet recipes, reverse cancer, prevent cancer) Yo Momma Jokes (151+ Funny Yo Momma Jokes - Yo Mama Jokes): Yo Mama Jokes, Your Mama Jokes, Funny Jokes, Hilarious Jokes (Funny Yo Mama Jokes) LYMPHEDEMA AND BREAST CANCER TREATMENT: Swelling Causes - Lymphoedema Exercises - Prevention Sanaci3n Pr3ctica : La Ciencia Antigua Y El Arte De La Sanaci3n Pr3ctica : Manual Pr3ctico (Spanish Edition) C3ncer: Cura - Tratamientos Alternativos para Principiantes (Spanish Edition - Libro en espa3ol) (Remedios naturales y hallazgos contra el C3ncer n3 1) Confrontando El Cancer: Una Guia Complete Para Pacientes Y Sus Familiares (Spanish Edition) Lymphedema Management: An Essential Guide to Living with Lymphedema - Understanding the Cause, Recognizing Symptoms, Learning to Manage, and Identifying Treatment & Therapy Options Autismo: Explicado Para Principiantes - Tratamiento definitivo para el autismo y gu3-a de recuperaci3n (T3cnicas disponibles de prevenci3n y detecci3n para superar el autismo n3 1) (Spanish Edition) Breast Cancer Treatment Handbook: Understanding the Disease, Treatments, Emotions, and Recovery From Breast Cancer Heal Breast Cancer Naturally: 7 Essential Steps to Beating Breast Cancer Cancer Prevention Diet: The Revolutionary Cancer Prevention Diet to Live Healthy and Cancer Free

[Dmca](#)